

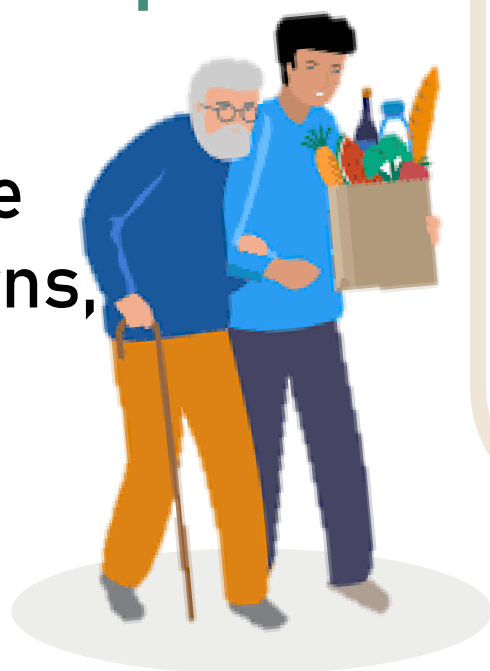
Carers' Stroke Support Group Meeting



DATE: Weds 14th June

TIME: 10.30am-12.00pm

The stroke team will present the topic of the month, discuss concerns, answer questions and provide information.

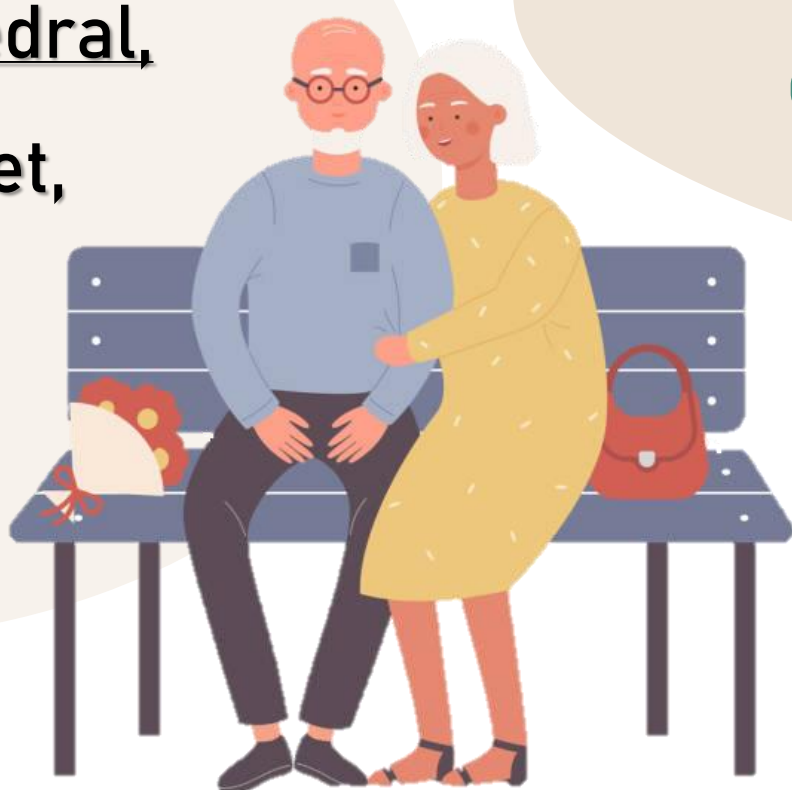


Topic

Diet and food preparation for stroke survivors
Sarah Church

Venue

Sheffield Cathedral,
Church Street,
Sheffield,
S1 1HA



Go to the main entrance and the Cathedral staff will show you to the meeting. It's easily accessible, has disabled facilities and free welcoming refreshments.

No need to book, just turn up on the day or call Lucy on 0114 2713789

Please turn over for future dates & topics



Carers' Support Group Dates - 2023

11th January

Stroke Projects
and Development
Updates
-Amanda Jones

15th February

"Tax, Care, and
Toy Boys"
-Co-op Estates

15th March

Housing
-Howells
Solicitors

12th April

Communication
and swallowing
difficulties post
stroke
-Emma Gibbs

17th May

Visual problems
post stroke
-Samantha
McAuley

14th June

Diet and food
preparation for
stroke survivors
- Sarah Church

12th July

Ask a stroke
nurse
- Joe Bailey



16th August

Summer Lunch

13th

September

Stroke Association
support update
- Jane Hammond

11th October

Physiotherapy
post stroke
- Jo Condon

15th November

Occupational
Therapy post
stroke
- Jo Condon

13th

December

Christmas
Lunch



Carers, family, and friends are welcome. This is an opportunity to gain information, advice, and support from the Stroke Team, and other carers and relatives.